



by *Fostens*[®]

CRITICAL THINKING PATIENCE

Use the following critical thinking questions to help foster an open, student-led discussion on the theme(s) discussed in this episode of The Harbor.

1. MIKE STARTS THIS EPISODE BY CLAIMING THAT PEOPLE TODAY ARE CONSTANTLY SEEKING INSTANT GRATIFICATION.

Do you agree with him? Why or why not?

2. THINK OF THE LAST TIME YOU FOUND YOURSELF FEELING IMPATIENT.

What was causing the delay? How did you react?

Were you able to calm yourself down and accept the delay?

3. HAD AARON NOT SHOWN PATIENCE IN WAITING TO HEAR BACK FROM THE UNIVERSITY OF NEBRASKA, HE WOULD HAVE MISSED OUT ON WINNING THE NATIONAL CHAMPIONSHIP WITH THEIR FOOTBALL PROGRAM.

Think of a story you've heard about someone who was persistent or patient and achieved a positive result.

Describe what happened and the difference their patience made in the process.

4. AARON SAYS THAT PATIENCE IS BELIEVING THAT THE RESULTS YOU WANT WILL COME LATER EVEN IF YOU AREN'T SURE OF IT RIGHT NOW.

List some examples of results you typically have to wait a long time for.

What actions can you take while you wait for these results?

5. MIKE CAPS THIS EPISODE BY SAYING THAT PATIENCE IS DIFFICULT AND THAT IT CAN COST US SOMETHING.

What do you think he means by this?

What are some of the costs of being patient?





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